

**Shareable Link to this Lesson:**

<https://docs.google.com/document/d/14sgQ3oqlTB0xqKleuBtc4a44OITUIKP56WDLcBdcCog/edit?usp=sharing>

**Online Link to the Activities/ Quiz:**

9th and 10th grades <https://goo.gl/forms/PlfI0doCivTS0Gnl3>

11th grade:

[https://docs.google.com/document/d/1sa1xNU291CZ3CP\\_3Ak\\_Jtafi-U-tPr2sLNv9Qyr9Pjc/edit?usp=sharing](https://docs.google.com/document/d/1sa1xNU291CZ3CP_3Ak_Jtafi-U-tPr2sLNv9Qyr9Pjc/edit?usp=sharing)

**Freshman, Sophomore, Junior, and Senior Year (if undecided on career path Senior year)**

**Jump\$tart Standard: Standard 3.1** Explore Job and Career Options

**Job Standard: Objective 2.11** Students will know themselves well enough to make an educated decision about their career path and have a positive self image

## Careers and Jobs

**Opening Discussion:**

“Researchers tell us that the main ‘crisis’ (they call it that) of your age group is to figure out what you are going to do with the rest of your life. Researchers believe if you have no clue, you may feel lost and unmotivated. Research also tells us that you don’t have worry deciding about what you will do for the next 40 years of your life. On average, you will have 7 different jobs in your adulthood. Each of those jobs can lead you to a better and better place. So, they suggest you find a starting place, pick out something to study and prepare for and then keep in mind you can build upon that later and do something different. It does help, however, to have at least a general idea of what you want to do for a career and begin picking jobs now that will help build that resume. Do any of you have any ideas on what you want to do for a career?”

Response: “It’s great if you have some idea. Remember to ask yourself, ‘Is my idea for a career rooted in reality or just in a dream?’ For example, if your idea for a career is to be a professional basketball player, but you aren’t out there taking hundreds of shots per day like coaches say are needed to compete on the D1 level, then you are probably just dreaming. If you want to be a doctor but you’ve had 3 Ds on your high school semester grade report, you probably should consider being a nurse or other medical person because you probably won’t make it into regular medical school. Today, we are going to explore your innate “God given” personality type and how knowing that can help you narrow down which career you might enjoy. After that, we are going to practice the skills you will need to impress employers and land good jobs.”

### **Activities---**

1. **Exploring Personality Type:** Students are guided through a Myers Briggs Type Indicator formal assessment or power point presentation by a certified practitioner of the Myers Briggs Type Indicator. There's a lot of bogus advertising on it, but easy to read and use site for careers by MBTI can be found at:

<http://www.humanmetrics.com/personality/career-choices>

If no practitioner is available, use Holland's Theory of Career Choice

To hand to students:

<https://drive.google.com/file/d/11bA4tvY0-bihvIv8-46yaYUbbkY7jt7F/view?usp=sharing>

Directions for administration and scoring:

<https://drive.google.com/file/d/13nGQcTj8491nzCsg2NpDYmv5XI9zOsvt/view?usp=sharing>

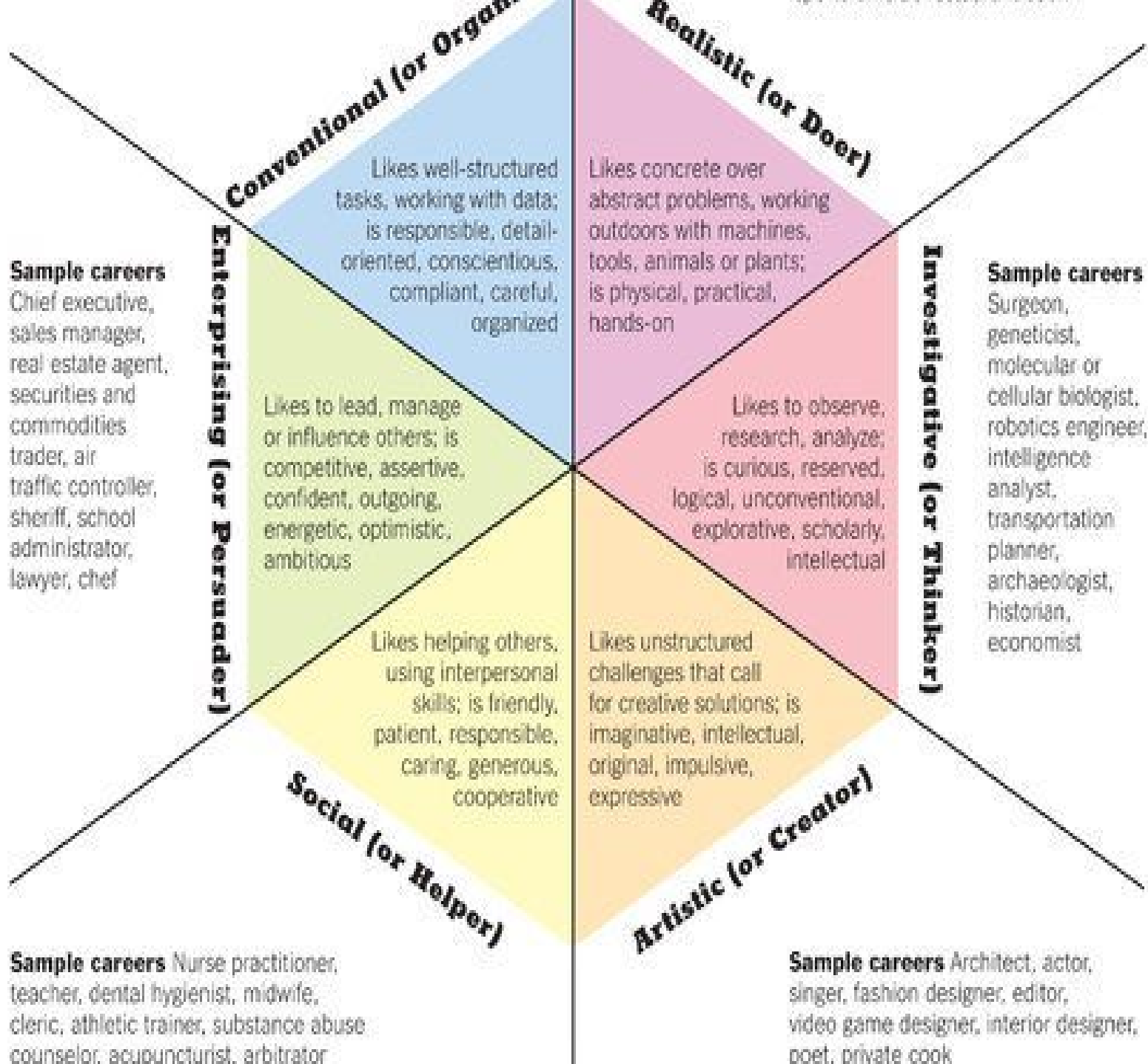
Pick a career based on the results:

<https://www.rivier.edu/career-development/career-planning/self-assessment-2/occupations-list-by-holland-code/>

For Holland's code, students may also consult, page 3. It is a bit hard to read but can be given as a handout.

**Sample careers** Accountant, archivist, librarian, financial analyst, statistician, database administrator, auditor, web administrator, loan officer

**Sample careers** Civil engineer, museum conservator, airline pilot, fish and game warden, surveyor, electrician, musical instrument tuner, referee or sports official, restaurant cook



## **2. Interviewing skills (9th and 10th grades)**

Teacher (preferably a volunteer with experience in HR) shares 3 tips for making a great impression during an interview. This is to be a 5-7 minute talk. Teacher is to provide these three tips on a sheet of paper for take home. After the talk, students are to find an adult leader to role play an actual interview. The student may decide what job they are pretending to interview for. It should be a position they would apply for in the next year.

Student shall be advised to:

1. Greeting the interviewer with hand shake, eye contact, and thank you
2. Entering the room gracefully and not sitting down until invited or the interviewer sits
3. Sitting up with good posture and eye contact during the interview
4. Exiting the interview with grace and thank yous

Possible questions for the Interviewer to ask:

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|--|--|
| 1. Tell me about yourself.                                       | Tip: Not too much information, but not too little  |
| 2. Why do you want this job?                                     | Tip: Be honest   |
| 3. What are your long-term goals?                                | Tip: Have some idea, you can change your mind  |
| 4. Do you have any job history?                                  | Tip: Especially if you don't, talk about your eagerness to learn.  |
| 5. Tell me about a time you worked hard or overcame an obstacle. | Tip: Don't share the worst thing you ever did. Share Something appropriate that shows you accepted Wisdom and worked hard. |

### 3. **Resume Building (11th Graders Only)**

11th grade students are likely to have some work experience already and so for this activity are to begin creating their resume. If they already have one, look at it to be sure it is up to date. They should be encouraged to create one through their google drive account so they always know where it is. Here is as template for them to use.

[https://docs.google.com/document/d/1sa1xNU291CZ3CP\\_3Ak\\_Jtafi-U-tPr2sLNv9Qyr9Pjc/edit?usp=sharing](https://docs.google.com/document/d/1sa1xNU291CZ3CP_3Ak_Jtafi-U-tPr2sLNv9Qyr9Pjc/edit?usp=sharing)

They need to make a copy of this and share it with their google account.

**Closing Thought:** “It may seem like you've got a long time to grow up and figure out what you want to do, but in reality, you are closer to becoming a grown up than you probably realize. It's important that you take finding a job and career seriously. You don't have to pick out your forever job, but you should choose a field you are likely to enjoy based on your personality type and interests and start getting the right grades, training, and experience for it now so you can be in a position to love your job.”

